

PINE RIVER BACKUS FAMILY CENTER
245 Barclay Ave, P.O. Box 1, Pine River, Mn. 56474
(218)587-4292
Office Hours: Monday – Thursday 8-4 p.m., Friday 8-3 p.m.

OCTOBER 2022 “HAPPENINGS”

Pine River Area Food Shelf: Open every Tuesday and Friday from 10-1 p.m. and the 2nd Tuesday, October 11th, 3:30 - 7:00 pm and the 2nd Saturday, October 8th, 10-1pm.

Pine River-Backus CommUnity Meals: A local collaborative which provides a free weekly meal for anyone who is hungry. Please stop by to pick up your boxed meal each Monday at the Riverview Church in Pine River or each Thursday at the Backus Pine Mountaineer Senior Center. Serving time is 4:00 p.m. – until gone. **If you are interested in volunteering or for more information, please call the Family Center at 218-587-4292.**

The Family Centers Home Visiting Program: Are you pregnant? Could you use a little extra help with your questions around your pregnancy and about your child’s growth and development? The Family Centers Home Visiting Program has immediate openings for families who would like additional support. **Free Swag Bags** are available to all families who are expecting a baby that live in the Pine River-Backus school district.

CSFP/NAPS: Pick up is **October 11th** from 2:30 p.m. – 4:00 p.m. CSFP has changed to a choice program. The Family Center has pre-screening applications available for the Commodity Supplemental Food Program.

WIC: Please call Cass County Public Health at 218-547-6872 for information for an appointment or questions.

Family Planning: Is **Tuesday, October 4th**, please call 877-275-6123 to schedule an appointment or for more information.

Child and Teen Check-Ups: Please call Cass County Public Health at 218-547-6872 for an appointment or questions.

Are you interested in Volunteering at the Food Shelf? Please call LuAnn at the Family Center for more information, 218-587-4292. You can also email us at: office@prbfamilycenter.org

Donations to the Pine River-Backus Family Center are always welcome and help us to continue to support our families we serve.



“Strengthening Families & Building a Stronger Community” Like us on Facebook!
www.prbfamilycenter.org