

PINE RIVER BACKUS FAMILY CENTER
January 2022 "HAPPENINGS"
245 Barclay Ave, P.O. Box 1, Pine River, Mn. 56474
(218)587-4292

Office Hours: Monday – Thursday 8-4 p.m., Friday 8-3 p.m.

**The Family Center will be closed Monday, January 17th
in observance of the Martin Luther King, Jr. Day.**

Pine River Area Food Shelf: Is open every Tuesday and Friday from 10-1 p.m. and the 2nd Tuesday, January 11th, 3:30 - 6:00 pm.

Pine River-Backus CommUnity Meals: A local collaborative which provides a free weekly meal for anyone who is hungry. Please stop by to pick up your boxed meal each Monday at the Riverview Church in Pine River or each Thursday at the Backus Pine Mountaineer Senior Center. Serving time is 4:00 p.m. – until gone. For more information, please call the Family Center at 218-587-4292.

The Family Centers Home Visiting Program: Are you pregnant? Could you use a little extra help with your questions around your pregnancy and about your child's growth and development? The Family Centers Home Visiting Program has immediate openings for families who would like additional support. **Free Swag Bags** are available to all families who are expecting a baby that live in the Pine River-Backus school district.

NAPS: Pick up is January 11th from 1:30 p.m. – 3:30 p.m. NAPS boxes are picked up inside the Family Center. Please enter through the back door to pick up your box.

WIC: Please call Cass County Public Health at 218-547-6872 for information for an appointment or questions.

Family Planning: Is **Tuesday, January 4th**, please call (877) 275-6123 to schedule an appointment or for more information.

Child and Teen Check-Ups: Please call Cass County Public Health at 547-6872 for an appointment or questions.

Donations to the Pine River-Backus Family Center are always welcome and help us to continue to support our families we serve.



"Strengthening Families & Building a Stronger Community" Like us on Facebook!
www.prbfamilycenter.org