**PINE RIVER BACKUS FAMILY CENTER**

**October 2025 “HAPPENINGS”**

**245 Barclay Ave, PO Box 1, Pine River, MN 56474**

**(218) 587-4292**

**Office Hours: Monday – Thursday 8 am - 4 pm, Friday 8 am – 3 pm**

**Pine River Area Food Shelf:** Open Tuesdays and Fridays from 10 am - 1 pm, except the 2nd Tuesday, October 14th, from 3 - 6 pm.

**Pine River-Backus CommUnity Meals**: A local collaborative which provides a free weekly meal for anyone who is hungry. Please stop by to pick up your boxed meal each Monday at the Riverview Church in Pine River or each Thursday at the Backus Pine Mountaineer Senior Center. Serving time is 4:00 p.m. – until gone. For more information, please call the Family Center at 218-587-4292.

**The Family Centers Home Visiting Program:** Are you pregnant? Could you use a little extra help with your questions regarding your pregnancy and your child’s growth and development? The Family Centers Home Visiting Program has immediate openings for families who would like additional support. Free Swag Bagsare available to families who are expecting a baby who live in the Pine River-Backus school district.

**CFPS/NAPS:** Pick up is October 21st, from 10:00 am – 4:00 pm

**WIC:** WIC clinics will be at the PR-B Family Center on Wednesday and Thursday, October 1st and 2nd. **Call** Cass County Public Health at **218-547-6872** for information, **for an** **appointment**, or with questions.

**Family Planning:** Family Planning will be at the Family Center on Monday, October 13th. Call (877) 275-6123 to schedule an appointment or for more information.

**Child & Teen Check-Ups:** C&TC Clinics will be held at the Family Center on October 23rd. Call Cass County Public Health at 218-547-6872 for an appointment or questions.

**Parent Child+:** We are looking for families to join our Parent Child + program. The program runs throughout the school year and offers parents a chance to learn new and creative ways to foster growth and development in your child. The program is free to participate in, and every child enrolled receives either a free toy or book each week. Please contact the Family Center at 218-587-4292 if you are interested.

**“Strengthening Families & Building a Stronger Community”**

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[**www.prbfamilycenter.org**](http://www.prbfamilycenter.org)