

PINE RIVER-BACKUS FAMILY CENTER

SEPTEMBER 2026 COMMUNITY UPDATE

Supporting individuals and families with resources, programs, and services for a stronger community.



245 Barclay Ave.
Pine River, MN 56474



218-587-4292



OFFICE HOURS:

Monday–Thursday:
8:00 AM–4:00 PM

Friday: 8:00 AM–3:00 PM

FEATURED THIS MONTH



Volunteers Needed

The Pine River Area Food Shelf is seeking volunteers. Interested in helping your community? Stop by the Family Center front office for an application.



Justice Bus

The Justice Bus will be at the Family Center on Tuesday, September 29 from 10 AM–1 PM for free legal assistance for seniors.

PUBLIC HEALTH CLINICS



Cass County Public Health Clinics

WIC Clinics

September 2nd & 3rd

Child & Teen Check-Ups

September 24th

WEEKLY PROGRAMS



Pine River Area Food Shelf

A Program of the Pine River-Backus Family Center



Tuesdays & Fridays
10:00 AM–1:00 PM



2nd Tuesday (Sept. 8th)
3:00–6:00 PM

ONGOING SUPPORT & SERVICES



Home Visiting Program

Support for families during pregnancy and early childhood. Openings available for families in the Pine River-Backus School District.



Commodity Supplemental Food Program (CSFP)

Pick-up: September 15 from 10:00 AM–1:00 PM (registration is required)



Legal Kiosk

Available at the Family Center to help individuals access legal forms and resources.



Community Support Services

Resources and support available for individuals, families, and community members navigating a variety of needs. Contact the Family Center to learn more.



WIC (Women, Infants & Children)

Monthly appointments are hosted at the Family Center. Call Cass County Public Health at 218-547-6872 for scheduling and information.



Child and Teen Check-Ups (C&TC)

Monthly appointments are hosted at the Family Center. Call Cass County Public Health at 218-547-6872 for scheduling and information.



Family Planning

Call 877-275-6123 for an appointment or more information.