



PINE RIVER-BACKUS FAMILY CENTER

May 2026 Community Update

245 Barclay Ave
P.O. Box 1
Pine River, MN 56474

218-587-4292

Office Hours:
Mon-Thurs 8:00 AM-4:00 PM
Friday 8:00 AM-3:00 PM

FEATURED THIS MONTH



FREE BIKE HELMET CLINIC & SAFETY EVENT

Tuesday, May 12 | 2:00-5:00 PM

In collaboration with Essentia Health of Pine River, the Family Center will host a bike safety event where children can be properly fitted for a free bike helmet. Essentia will also provide safety education focused on injury prevention and safe riding habits.

This event is part of National Bike Safety Month, encouraging safe riding habits as we head into summer.



JUSTICE BUS

Tuesday, May 19 | 10:00 AM-1:00 PM

Services available on site.



MEMORIAL DAY CLOSURES

Center Closed & No Community Meal
Monday, May 25

WEEKLY PROGRAMS



PINE RIVER AREA FOOD SHELF

- Tuesdays & Fridays
10:00 AM-1:00 PM
- 2nd Tuesday (May 12)
3:00-6:00 PM



COMMUNITY MEALS

- Mondays
Riverview Church | 4:00 PM
- Thursdays
Backus Pine Mountaineer Senior Center | 4:00 PM

ONGOING SUPPORT & SERVICES



HOME VISITING PROGRAM

Support for families during pregnancy and early childhood. Openings available for families in the Pine River-Backus School District. Free swag bags available for expecting families.



LEGAL KIOSK

Available at the Family Center to help individuals access legal forms and resources.



WIC (WOMEN, INFANTS & CHILDREN)

Monthly appointments are hosted at the Family Center. Call Cass County Public Health at 218-547-6872 for scheduling and information.



FAMILY PLANNING

Call: 877-275-6123 for an appointment or more information.



CHILD AND TEEN CHECK-UPS (C&TC)

Monthly appointments are hosted at the Family Center. Call Cass County Public Health at 218-547-6872 for scheduling and information.



COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

Pick-up: May 19 | 10:00 AM-1:00 PM



FAMILY & COMMUNITY SUPPORT SERVICES

Resources and support available for individuals, families, and community members navigating a variety of needs. Contact the Family Center to learn more.



PARENTCHILD+

Early learning and parent support program. Contact the Family Center for more information and enrollment details.



MNSURE

Assistance available for health insurance enrollment and questions. Contact the Family Center to learn more or schedule an appointment.

Strengthening Families & Building a Stronger Community



Like us on Facebook!



www.prbfamilycenter.org



Donations to the Pine River-Backus Family Center are always welcome and help support local families.

